

5.31.2021

NAMI Washington County Newsletter May 2021



Building Remodel Proposals Being Accepted



NAMI Washington County Staff Addition



NAMI Washington County Has A Brand New Website & YouTube Channel

Building Remodel



We are excited to announce that remodeling plans for the NAMI Washington County building will begin soon after a contractor has been accepted! Remodeling the building will allow us to expand and redefine services such as peer support groups and presentations along with providing more private spaces for individual peer support and office space for staff. The remodel will be completed in 2021 if all goes as planned. After the remodel is complete then groups will be able to resume meeting in person, our art room will be active, and our living room will be everyone's favorite place to be. Meeting online will also continue to be an option as well.

New Community Outreach Coordinator



NAMI Washington County is sad to say goodbye to former Community Outreach Coordinator Erica Clark, to your new and exciting career path— congratulations! Please help us give a warm welcome to Nicole Waters to the position as she brings a wealth of experience and education. She has been hard at work on the new website, community events and partnerships along with establishing a well-informed and engaged community wellness network to better serve our communities' mental health needs, and recruiting for some exciting roles within NAMI Washington County.

Please feel free to contact Nicole at nicole@washconami.org if you have any questions or concerns!

Website & YouTube



Please visit the new NAMI Washington County website to find all groups and workshops current schedules and join directly from the new website whenever a group or workshop is meeting, plus so much more. Be sure to head over to NAMI Washington County's new YouTube channel as well to check out videos about living with a mental health condition and this year's NAMIWalks online event. This online event is a live video montage of mental health peers sharing why peer support and NAMI are so important to mental health and overall well-being.

Message from our Executive Director:

I want to thank all of you for your flexibility during these difficult times. I am very hopeful that we will be back to normal in a few months. (Yes, it will only be a few months.) I also want to recognize our volunteers and staff for their hard work in making sure NAMI of Washington County continues to provide our important services. I know it has not been easy.

Thank you Shelley, Julia, Erica, and Nicole.

And a special thank you to all our volunteer facilitators. You are amazing.

I can see the end of this pandemic, which is actually a new beginning for all of us.

Dave Mowry

Peer support

Volunteers are an essential part of NAMI and there are those who have helped our mission seamlessly throughout time. Robert is an excellent example of that not only as a support group facilitator but also assisting part-time with peer support and overseeing a new peer mentor program. This program assists new peers by partnering them with an established peer. Established peers will help new to NAMI of Washington County peers become acclimated to peer support services and introduced to and set up with the kinds of peer services that best fit their needs and interests.

In regards to peer mentoring, we'd like to take the opportunity to thank the Spiering Family Foundation for contributing and funding peer mentoring. These crucial services wouldn't be possible without their help.

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 Washington County